

October

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Cinnamon Toast Fresh Citrus Fruit Cup Fruit Juice Choice Milk Choice	2 Wester Omelet Quesadilla Tomato Salsa Fresh Grapes Fruit Juice Choice Milk Choice	3 French Toast Sticks Syrup Fruit Cocktail Fruit Juice Choice Milk Choice	4
5	6 Whole Grain Cinnamon Roll Fresh Banana Fruit Juice Choice Milk Choice	7 Mini Waffles Syrup Apricot Halves Fruit Juice Choice Milk Choice	8 Breakfast Pizza Peach Slices Fruit Juice Choice Milk Choice	9 Excellent Egg Taco Tomato Salsa Graham Snacks Fruit Juice Choice Milk Choice	10 Whole Grain Muffin Rosy Applesauce Fruit Juice Choice Milk Choice	11
12	13 Whole Grain Cereal Sausage Patty Diced Pears Fruit Juice Choice Milk Choice	14 Biscuit & Gravy Fresh Oranges Fruit Juice Choice Milk Choice	15 Kansas Granola Bar Apricot Halves Fruit Juice Choice Milk Choice	16 Chicken Biscuit Breakfast Sandwich Fresh Mixed Fruit Cup Fruit Juice Choice Milk Choice	17 Pancake on a Stick Fresh Strawberries Fruit Juice Choice Milk Choice	18
19	20 French Toast Sticks Syrup Fresh Grapes Fruit Juice Choice Milk Choice	21 Oatmeal Breakfast Round Yogurt Cup Strawberries & Bananas Fruit Juice Choice Milk Choice	22 WW Bagel Topping Fresh Apple Fruit Juice Choice Milk Choice	23 Blueberry Muffin Mandarin Oranges Fruit Juice Choice Milk Choice	24 Breakfast Pizza Sliced Peaches Fruit Juice Choice Milk Choice	25
26	27 Whole Grain Cereal String Cheese Fresh Orange Fruit Juice Choice Milk Choice	28 Pancake on a Stick Fruit Cocktail Fruit Juice Choice Milk Choice	29 Biscuit & Gravy Fresh Banana Fruit Juice Choice Milk Choice	30 Sausage Breakfast Sandwich Pineapple Chunks Fruit Juice Choice Milk Choice	31 Whole Grain Muffin Tropical Fruit Fruit Juice Choice Milk Choice	

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