

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Excellent Egg Taco Tomato Salsa Graham Snacks Fresh Kiwi	Whole Grain Muffin Rosy Applesauce	
				Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	
4	5	6	7	8	9	10
	LABOR DAY NO SCHOOL	Biscuit & Gravy Fresh Oranges	Kansas Granola Bar Apricot Halves	Chicken Biscuit Breakfast Sandwich Fresh Mixed Fruit Cup	Pancake on a Stick Fresh Strawberries	
		Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	
11	12	13	14	15	16	17
	French Toast Sticks Syrup Fresh Grapes	Oatmeal Breakfast Round Yogurt Cup Strawberries & Bananas	WW Bagel w/ Toppings Fresh Apple	Blueberry Muffin Mandarin Oranges	Breakfast Pizza Sliced Peaches	
	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	
18	19	20	21	22	23	24
	Whole Grain Cereal String Cheese Fresh Orange	Pancake on a Stick Fruit Cocktail	Biscuit & Gravy Fresh Banana	Sausage Breakfast Sandwich Pineapple Chunks	Whole Grain Muffin Tropical Fruit	
	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	
25	26	27	28	29	30	
	Mini Waffles Syrup Fresh Pineapple	Star Spangled Pancakes Sausage Patty Tropical Fruit	Whole Wheat Bagel w/ Toppings Fresh Strawberries	Breakfast Pita Tomato Salsa Sliced Pears	Whole Grain Cinnamon Roll Mandarin Oranges	
	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	