

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chili Tortilla Chips Red Bell Pepper Strips Fresh Peach Cinnamon Roll Fruit Choice-canned Milk Choice	2 Hamburger on a Bun Dk Green Leaf Lettuce Tomato Slice Oven Fries Strawberries & Bananas Fruit Choice-canned Milk Choice	3 Baked Ham Angel Biscuit & Jelly Mashed Potatoes and Gravy Green Beans Fresh Grapes Honey Apple Crisp (9-12) Fruit Choice-canned Milk Choice	4 Macaroni & Cheese Meatballs WW Bread & Jelly (6-12) Seasoned Peas Fresh Baby Carrots Apple Salad Fruit Choice-canned Milk Choice	5
6	7 Hot Ham & Cheese on a bun Potato Wedges Broccoli Florets Fruit Cocktail Fruit Choice-fresh Milk Choice	8 Taco Burger on a Bun Tortilla Chips (6-12) Tomato Salsa Dk Green Leaf Lettuce Tomato Slice Refried Beans Fresh Banana Fruit Choice-canned Milk Choice	9 Pepperoni Pizza Tossed Salad Cherry Tomatoes Fresh Orange Fruit Choice-canned Milk Choice	10 Lasagna Garlic Bread Stick Marinara Sauce Garden Salad Fresh Apple Chocolate Chip Cookie Fruit Choice-canned Milk Choice	11 Chicken Patty WW Roll Honey Mashed Potatoes and Gravy Steamed Asparagus Sliced Pears Fruit Choice-Fresh Milk Choice	12
13	14 Chicken Nuggets Mashed Potatoes and Gravy WW Roll & Jelly Cherry Tomatoes Celery Sticks Tropical Fruit Fruit Choice-Fresh Milk Choice	15 Super Nachos Refried Beans Garden Salad Fresh Mixed Fruit Cup Fruit Choice-canned Milk Choice	16 Cheese Pizza Cheese Breadsticks Marinara Sauce Seasoned Corn Tossed Salad Fresh Kiwi Fruit Choice-canned Milk Choice	17 Pulled Pork Sandwich Creamy Cole Slaw Baked Beans Fresh Strawberries Fruit Choice-canned Milk Choice	18 Bierock Steamed Carrots Fresh Pineapple Cherry Crisp (6-12) Fruit Choice-canned Milk Choice	19
20	21 Ham Mashed Potatoes Gravy WW Roll & Jelly Green Beans Fresh Pineapple Pumpkin Pie Fruit Choice-canned Milk Choice	22 Hamburger on a Bun Dk Green Leaf Lettuce Tomato Slice Oven Fries Red Bell Pepper Strips Fresh Clementine Fruit Choice-canned Milk Choice	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26
27	28 BBQ Beef on a Bun Fresh Snow Peas Baked Beans Summer Fruit Salad Royal Brownie (6-12) Fruit Choice-canned Milk Choice	29 Ham & Cheese Rollup Garlic Breadstick (9-12) Garden Salad Fresh Baby Carrots Diced Peaches Fruit Choice-Fresh Milk Choice	30 Beef & Bean Burrito Tortilla Chips (9-12) Tomato Salsa Romaine & Tomato Mexican Corn Fresh Banana Fruit Choice-canned Milk Choice			