

# OCTOBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Lasagna Garlic Bread Stick W/ Marinara Sauce Garden Salad Fresh Apple Chocolate Chip Cookie  Fruit Choice-Canned Milk Choice	2 Chicken Patty WW Roll & Honey Mashed Potatoes & Gravy Steamed Asparagus Sliced Pears  Fruit Choice-canned Milk Choice	3
4	5 Spaghetti w/ Meat Sauce Garlic Bread Garden Salad Green Beans Mandarin Oranges  Fruit Choice-canned Milk Choice	6 Chicken Wrap Spanish Brown Rice Romaine Lettuce Tomato Slice Sautéed Zucchini Tropical Fruit Oatmeal Cookie  Fruit Choice-canned Milk Choice	7 Pig in a Blanket Roasted red Potatoes Broccoli w/ Cheese Fresh Apple Slices  Fruit Choice-canned Milk Choice	8 Taco Salad Tortilla Chips & Salsa Refried Beans Fresh Watermelon Cinnamon Puff  Fruit Choice-canned Milk Choice	9 Chicken & Noodles WW Roll & Honey Mashed Potatoes Fresh Baby Carrots Fresh Grapes  Fruit Choice-canned Milk Choice	10
11	12 Mini Meatball Sub Ranch Potato Wedges Tossed Salad Fresh Peach  Fruit Choice-canned Milk Choice	13 BBQ Chicken Drumstick WW Roll & Jelly Baked Beans Creamy Cole Slaw Apricot Halves  Fruit Choice-fresh Milk Choice	14 Cheese Pizza Broccoli Florets Fresh Baby Carrots Fresh Citrus Fruit Cup  Fruit Choice-canned Milk Choice	15 Frito Pie Corn Bread Muffin Cherry Tomatoes Cucumber Slices Fresh Banana  Fruit Choice-canned Milk Choice	16 NO SCHOOL	17
18	19 Pork Rib on a Bun Dark Green Leaf Lettuce & Tomato Slice Sweet potato Puff Fresh Apple  Fruit Choice-canned Milk Choice	20 Taco Soup Tortilla Chips & Tomato Salsa Broccoli Florets Fresh Strawberries  Fruit Choice-canned Milk Choice	21 Corn Dog Green Beans Tater Tots Fruit Cocktail Snickerdoodle  Fruit Choice-Fresh Milk Choice	22 Chicken Quesadilla Tortilla Chips Black bean & Corn Salsa Refried Beans Fresh Cantaloupe  Fruit Choice-canned Milk Choice	23 NO SCHOOL	24
25	26 Chicken Nuggets WW Roll & Jelly Mashed Potatoes & Gravy Tossed Salad Fresh Pear  Fruit Choice-canned Milk Choice	27 Chili Tortilla Chips Red Bell Pepper Strips Fresh Peach Cinnamon Roll  Fruit Choice-fresh Milk Choice	28 Hamburger on a Bun Dark Green Leaf Lettuce Tomato Slice Oven Fries Strawberries & Bannana  Fruit Choice-canned Milk Choice	29 Baked Ham Angel Biscuit & Jelly Apple Glazed Sweet Potatoes Green Beans Fresh Grapes Honey Apple Crisp Fruit Choice-canned Milk Choice	30 Macaroni & Cheese Meatballs WW Bread & Jelly Seasoned peas Fresh Baby Carrots Apple Salad  Fruit Choice-fresh Milk Choice	31

This institution is an equal opportunity employer

# NOVEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Hot Ham & Cheese on a Bun Potato Wedges Broccoli Florets Fruit Cocktail  Fruit Choice-Fresh Milk Choice	3 Taco Burger on a Bun Tortilla Chips(6-12) Tomato Salsa Dark Green Leaf Lettuce Tomato SLice Refried Beans Fresh Banana Fruit Choice-canned Milk Choice	4 Pepperoni Pizza Tossed Salad Cherry Tomatoes Fresh Orange  Fruit Choice-canned Milk Choice	5 Lasagna Garlic Bread Stick W/ Marinara Sauce Garden Salad Fresh Apple Chocolate Chip Cookie  Fruit Choice-Canned Milk Choice	6 Chicken Patty WW Roll & Honey Mashed Potatoes & Gravy Steamed Asparagus Sliced Pears  Fruit Choice-Fresh Milk Choice	7
8	9 Chicken Nuggets WW Roll & Jelly Mashed Potatoes & Gravy Cherry Tomatoes Celery Sticks Tropical Fruit  Fruit Choice-Fresh Milk Choice	10 Super Nachos Refried Beans Southwestern Lentils Fresh Mixed Fruit Cup  Fruit Choice-canned Milk Choice	11 Cheese Pizza Cheese Bread Stick w/ Marinara Sauce Seasoned Corn Tossed Salad Fresh Kiwi  Fruit Choice-Canned Milk Choice	12 Pulled Pork Sandwich Creamy Cole Slaw Baked Beans Fresh Strawberries  Fruit Choice-canned Milk Choice	13 Bierock Steamed Carrots Fresh Pineapple Cherry Crisp  Fruit Choice-canned Milk Choice	14
15	16 Chicken Tetrzzini Garlic Bread Tossed Salad Seasoned Peas Apricot Halves  Fruit Choice-canned Milk Choice	17 Beef & Noodles Mashed Potatoes Green Beans Fresh Grapes Blueberry Oat Muffin  Fruit Choice-canned Milk Choice	18 Hamburger on a Bun Dark Green Leaf Lettuce Tomato Slice Oven Fries Red Bell Pepper Strips Fresh Clementine  Fruit Choice-canned Milk Choice	19 Baked Chicken Drumstick Savory Rice Oatmeal Roll & Jelly Fresh Broccoli Cherry Tomatoes Fresh Mango  Fruit Choice-canned Milk Choice	20 Taco Refried Beans Tomato Salsa Totilla Chips Rice Krispy Treat Pineapple  Fruit Choice-canned Milk Choice	21
22	23 Turkey Mashed Potatoes & Gravy WW Roll & Jelly Green Beans Pumpkin Pie Bananas & Strawberries  Fruit Choice-fresh Milk Choice	24 Turkey & Cheese Sub Sandwich Dark Green Leaf Lettuce Tomato Slice Sweet Potato Fries Fresh Kiwi  Fruit Choice-canned Milk Choice	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28
29	30 Spaghetti w/ Meat Sauce Garlic Bread Garden Salad Green Beans Mandarin Oranges  Fruit Choice-canned Milk Choice					

THANKSGIVING BREAK