

# September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Chicken Taco Refried Beans Tortilla Chips (9-12) Black Bean & Corn Salsa (9-12) Fresh Cantaloupe  Fruit Choice-canned Milk Choice	2 Hot Hamburger Sandwich WW Roll & Jelly Seasoned Corn Garden Salad Fresh Orange  Fruit Choice-fresh Milk Choice	3
4	5 LABOR DAY NO SCHOOL	6 Hamburger on a Bun Dk. Green Leaf Lettuce Tomato Slice Oven Fries Strwberries & Bananas  Fruit Choice-canned Milk Choice	7 Chili Tortilla Chips (9-12) Red Bell Pepper Strips Fresh Peach Cinnamon Roll  Fruit Choice-canned Milk Choice	8 Chicken Nuggets WW Roll & Jelly Mashed Potatoes & Gravy Tossed Salad Fresh Pear  Fruit Choice-canned Milk Choice	9 Baked Ham Angel Biscuit & Jelly Apple Glazed Sweet Potatoes Green Beans Fresh Grapes Honey Apple Crisp (9-12)  Fruit Choice-canned Milk Choice	10
11	12 Hot Ham & Cheese on a Bun Potato Wedges Broccoli Florets Fruit Cocktail  Fruit Choice-fresh Milk Choice	13 Taco Burger on a Bun Tortilla Chips(6-12) Tomato Salsa Dk. Green Leaf Lettuce Tomato Slice Refried Beans Fresh Banana  Fruit Choice-canned Milk Choice	14 Pepperoni Pizza Tossed Salad Cherry Tomatoes Fresh Orange  Fruit Choice-canned Milk Choice	15 Lasagna Garlic Bread Stk Marinara Sauce Garden Salad Fresh Apple Chocolate Chip Cookie  Fruit Choice-canned Milk Choice	16 Chicken Patty WW Roll & Honey Mashed Potatoes & Gravy Green Beans Sliced Pears  Fruit Choice-fresh Milk Choice	17
18	19 Chicken Nuggets Mashed Potatoes & Gravy WW Roll & Jelly Cherry Tomatoes Celery Sticks Tropical Fruit  Fruit Choice-fresh Milk Choice	20 Super Nachos Refried Beans Romain Lettuce Tomato Salsa Fresh Plum  Fruit Choice-canned Milk Choice	21 Cheese Pizza Bread Stick Marinara Sauce Seasoned Corn Tossed Salad Fresh Kiwi  Fruit Choice-canned Milk Choice	22 Pulled Pork Sandwich Creamy Cole slaw Baked Beans Applesauce Fresh Strawberries  Fruit Choice-fresh Milk Choice	23 Bierock Steamed Carrots Broccoli Florets Fresh Pineapple Cherry Crisp (6-12)  Fruit Choice-canned Milk Choice	24
25	26 Chicken Tetrazzini Garlic Bread Tossed Salad Seasoned Peas Apricot Halves  Fruit Choice-canned Milk Choice	27 Beef & Noodles Mashed Potatoes & Gravy Green Beans Fresh Grapes Blueberry Oat Muffin (6-12)  Fruit Choice-canned Milk Choice	28 Hamburger on a Bun Dk. Green Leaf Lettuce Tomato Slice Oven Fries Red Bell Pepper strips Fresh Clementine  Fruit Choice-fresh Milk Choice	29 Baked Chicken Drumstick Savory Rice Oatmeal Roll & Jelly Fresh Broccoli Cherry Tomatoes Fresh Mango  Fruit Choice-canned Milk Choice	30 Taco Refried Beans Tomato Salsa Rice Krispy Treat Pineapple Tid Bits  Fruit Choice-canned Milk Choice	

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