

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 NO SCHOOL	3 Mini Waffles Syrup Fresh Pineapple	4 Star Spangled Pancakes Sausage Patty Tropical Fruit	5 WW Bagel Toppings Fresh Strawberries	6 Breakfast Pita Tomato Salsa Sliced Pears	7
		Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	
8	9 Whole Grain Cereal Yogurt Cup Fresh Apple	10 Biscuit & Gravy Pineapple Chunks	11 Cinnamon Toast Fresh Citrus Fruit Cup	12 Western Omelet Quesadilla Tomato Salsa Fresh Grapes	13 French Toast Sticks Syrup Fruit Cocktail	14
	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	
15	16 Whole Grain Cinnamon Roll Fresh Banana	17 Mini Waffles Syrup Apricot Halves	18 Breakfast Pizza Peach Slices	19 Excellent Egg Taco Tomato Salsa Graham Snacks Fresh Kiwi	20 Whole Grain Muffin Rosy Applesauce	21
	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	
22	23 Whole Grain Cereal Sausage Patty Diced Pears	24 Biscuit & Gravy Fresh Oranges	25 Kansas Granola Bar Apricot Halves	26 Chicken Biscuit Breakfast Sandwich Fresh Mixed Fruit cup	27 Pancake on a Stick Fresh Strawberries	28
	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice	
29	30 French Toast Sticks Syrup Fresh Grapes	31 Oatmeal Breakfast Round Yogurt Cup Strawberries & Bananas				
	Fruit Juice Choice Milk Choice	Fruit Juice Choice Milk Choice				

