

October

Breakfast

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------|--|--|---|--|---|----------|
| | | | | | 1 Whole Grain Cinnamon Roll Mandarin Oranges Fruit Juice Choice Milk Choice | 2 |
| 3 | 4 Whole Grain Cereal Yogurt Cup Fresh Apple Fruit Juice Choice Milk Choice | 5 Biscuit & Gravy Pineapple Chunks Fruit Juice Choice Milk Choice | 6 Cinnamon Toast Fresh Citrus Fruit Cup Fruit Juice Choice Milk Choice | 7 Western Omelet Quesadilla w/ Tomato Salsa Fruit Juice Choice Milk Choice | 8 French Toast Sticks w/ Syrup Fruit Cocktail Fruit Juice Choice Milk Choice | 9 |
| 10 | 11 Whole Grain Cinnamon Roll Fresh Banana Fruit Juice Choice Milk Choice | 12 Mini Waffles w/ Syrup Apricot Halves Fruit Juice Choice Milk Choice | 13 Breakfast Pizza Peach Slices Fruit Juice Choice Milk Choice | 14 Excellent Egg Taco w/ Tomato Salsa Graham Snacks Fresh Kiwi Fruit Juice Choice Milk Choice | 15 NO SCHOOL | 16 |
| 17 | 18 Whole Grain Cereal Sausage Patty Diced Pears Fruit Juice Choice Milk Choice | 19 Biscuit & Gravy Fresh Oranges Fruit Juice Choice Milk Choice | 20 Kansas Granola Bar Apricot Halves Fruit Juice Choice Milk Choice | 21 Chicken Biscuit Breakfast Sandwich Fresh Mixed Fruit Cup Fruit Juice Choice Milk Choice | 22 NO SCHOOL | 23 |
| 24 | 25 French Toast Sticks w/ Syrup Fresh Grapes Fruit Juice Choice Milk Choice | 26 Oatmeal Breakfast Round Yogurt Cup Strawberries & Bananas Fruit Juice Choice Milk Choice | 27 WW Bagel w/ Toppings Fresh Apple Fruit Juice Choice Milk Choice | 28 Blueberry Muffin Mandarin Oranges Fruit Juice Choice Milk Choice | 29 Breakfast Pizza Sliced Peaches Fruit Juice Choice Milk Choice | 30 |
| 31 Halloween | | | | | | |