

# January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Chili Tortilla Chips(9-12) Red Bell Pepper Strips Fresh Peach Cinnamon Roll  Fruit Choice Milk Choice	5 Hamburger on a bun Dk gr Lettuce Tomato Slice Oven Fries Strawberries & Bananas  Fruit Choice Milk Choice	6 Baked Ham Angel Biscuit & Jelly Mashed Potatoes Green Beans Fresh Grapes Honey Apple Crisp (9-12) Fruit Choice Milk Choice	7 Macaroni & Ch Meatballs WW Bread & Jelly (6-12) Seasoned Peas Fresh Baby Carrots Apple Salad Fruit Choice Milk Choice	8
9	10 Hot Ham & Cheese on a Bun Potato Wedges Broccoli Florets Fruit Cocktail  Fruit Choice Milk Choice	11 Taco Burger on a Bun Tortilla Chips Tomato Salsa Leaf Lettuce Tomato Slice Refried Beans Fresh Banana Fruit Choice Milk Choice	12 Pepperoni Pizza Tossed Salad Cherry Tomatoes Fresh Orange  Fruit Choice Milk Choice	13 Lasagna Garlic Bread Stk w/ Marinara Sc Garden Salad Fresh Apple chocolate Chip Cookie Fruit Choice Milk Choice	14 Chicken Patty WW Roll & Honey Mashed Potatoes & Gravy Steamed Asparagus Sliced Pears Fruit Choice Milk Choice	15
16	17 Chicken Nuggets Mashed Potatoes & Gravy WW Roll & Jelly Cherry Tomatoes Celery Sticks Tropical fruit Fruit Choice Milk Choice	18 Super Nachos Refried Beans Southwestern Lentils Fresh Mixed Fruit Cup Fruit Choice Milk Choice	19 Cheese Pizza Cheese bread sticks Marinara Sauce Seasoned Corn Tossed Salad Fresh Kiwi Fruit Choice Milk Choice	20 Pulled Pork Sandwich Creamy Cole Slaw Baked Beans Fresh Strawberries Fruit Choice Milk Choice	21 Bierock Steamed Carrots Fresh Pineapple Cherry Crisp (6-12) Fruit Choice Milk Choice	22
23	24 Chicken Tetrazzini Garlic Bread Tossed Salad Seasoned Peas Apricot Halves Fruit Choice Milk Choice	25 Beef & Noodles Mashed Potatoes Green Beans Fresh Grapes Blueberry Oat Muffin (6-12) Fruit Choice Milk Choice	26 Hamburger on a Bun Leaf Lettuce Tomato Slice Oven Fries REd Bell Pepper Strips Fresh Clementine Fruit Choice Milk Choice	27 Baked Chick Drumstick Savory Rice Oatmeal Roll & Jelly Fresh Broccoli Cherry Tomatoes Fresh Mango Fruit Choice Milk Choice	28 Taco Refried Beans Tomato Salsa Rice Krispy Bar Pineapple Tid Bits Fruit Choice Milk Choice	29
30	31 Beef & Bean Burrito Tortilla Chips(9-12) Tomato Salsa Romaine & Tomato Mexican Corn Fresh Banana Fruit Choice Milk Choice					