

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 NO SCHOOL	3 Pork Rib on a Bun Dk Green Leaf Lettuce Tomato Slice Sweet Potato Puffs Fresh Apple Fruit Choice-canned Milk Choice	4 Taco Soup Tortilla Chips Tomato Salsa Broccoli Florets Fresh Strawberries Fruit Choice-canned Milk Choice	5 Corn Dog Green Beans Tater Tots Fruit Cocktail Snickerdoodle Fruit Choice-canned Milk Choice	6 Chicken Taco Refried Beans Black Bean & Corn Salsa Tortilla Chips (9-12) Fresh Cantaloupe Fruit Choice-canned Milk Choice	7
8	9 Chicken Nuggets WW Roll & Jelly Mashed Potatoes Gravy Tossed Salad Fresh Pear Fruit Choice-Fresh Milk Choice	10 Chili Tortilla Chips (9-12) Red Bell Pepper Strips Fresh Peach Cinnamon Roll Fruit Choice-canned Milk Choice	11 Hamburger on a Bun Dk Green Leaf Lettuce Tomato Slice Oven Fries Strawberries & Bananas Fruit Choice-canned Milk Choice	12 Baked Ham Angel Biscuit & Jelly Mashed Potatoes Gravy Green Beans Fresh Grapes Fruit Choice-canned Milk Choice	13 Macaroni & Cheese Meatballs WW Bread & Jelly Seasoned Peas Fresh Baby Carrots Apple Salad Fruit Choice-canned Milk Choice	14
15	16 Hot Ham & Cheese on a Bun Potato Wedges Broccoli Florets Fruit Cocktail Fruit Choice-Fresh Milk Choice	17 Taco Burger on a Bun Tortilla Chips (6-12) Tomato Salsa Dk Green Leaf Lettuce Tomato Slice Refried Beans Fresh Banana Fruit Choice-canned Milk Choice	18 Pepperoni Pizza Tossed Salad Cherry Tomatoes Fresh Orange Fruit Choice-canned Milk Choice	19 Lasagna Garlic Bread Stick Marinara Sauce Garden Salad Fresh Apple Chocolate Chip Cookie Fruit Choice-canned Milk Choice	20 Chicken Patty WW Roll Honey Mashed Potatoes Gravy Steamed Asparagus Sliced Pears Fruit Choice-Fresh Milk Choice	21
22	23 Chicken Nuggets Mashed Potatoes Gravy WW Roll Cherry Tomatoes Celery Sticks Tropical Fruit Fruit Choice-Fresh Milk Choice	24 Super Nachos Refried Beans Garden Salad Fresh Mixed Fruit Cup Fruit Choice-canned Milk Choice	25 Cheese Pizza Cheese Bread Stick Marinara Sauce Seasoned Corn Tossed Salad Fresh Kiwi Fruit Choice-canned Milk Choice	26 Pulled Pork Sandwich Creamy Cole Slaw Baked Beans Fresh Strawberries Fruit Choice-canned Milk Choice	27 Bierock Steamed Carrots Fresh Pineapple Cherry Crisp (6-12) Fruit Choice-canned Milk Choice	28
29	30 Chicken Tetrazzini Garlic Bread Tossed Salad Seasoned Peas Apricot Halves Fruit Choice-Fresh Milk Choice	31 Beef & Noodles Mashed Potatoes Green Beans Fresh Grapes Blue Berry Oat Muffin (6-12) Fruit Choice-canned Milk Choice				

