

# November

## lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Hamburger on a Bun Dk Green Leaf Lettuce Tomato Slice Oven Fries Strawberries & Bananas Fruit Choice - Fresh Milk Choice	2 Chili Tortilla Chips (9-12) Red Bell Pepper strips Fresh Peach Cinnamon Roll Fruit Choice-canned Milk Choice	3 Chicken Nuggets WW Roll & Jelly Mashed Potatoes & Gravy Tossed Salad Fresh Pear Fruit Choice - Fresh Milk Choice	4 Banked Ham Angel Biscuit & Jelly Potatoes Wedges Green Beans Fresh Grapes Honey Apple Crisp (9-12) Fruit Choice - canned Milk Choice	5 Macaroni & Cheese Meatballs WW Bread & Jelly (6-12) Seasoned Peas Fresh Baby Carrots Apple Salad Fruit Choice - canned Milk Choice	6
7	8 Hot Ham & Cheese on a Bun Potato Wedges Broccoli Florets Fruit Cocktail Fruit Choice - Fresh Milk Choice	9 Pepperoni Pizza Tossed Salad Cherry Tomatoes Fresh Oranges Fruit Choice - Fresh Milk Choice	10 Taco burger on a Bun Tortilla Chips (6-12) Tomato Salsa Green Leaf Lettuce Tomato Slice Refried Beans Fresh Banana Fruit Choice - Fresh Milk Choice	11 Lasagna Garlic Bread Stick w. Marinara Sauce Garden Salad Fresh Apple Chocolate Chip Cookie Fruit Choice - Fresh Milk Choice	12 Chicken Patty WW Roll & Honey Mashed Potatoes & Gravy Steamed Asparagus Sliced Pears Fruit Choice - Fresh Milk Choice	13
14	15 Chicken Nuggets Mashed Potatoes & Gravy WW Roll & Honey Cherry Tomatoes Celery Sticks Tropical Fruit Fruit Choice - Fresh Milk Choice	16 Super Nachos Refried Beans Southwestern lentils Fresh Mixed Fruit Cup Fruit Choice - canned Milk Choice	17 Cheese Pizza Cheese Breadsticks Marinara Sauce Seasoned Corn Tossed Salad Fresh Kiwi Fruit Choice - canned Milk Choice	18 Pulled Pork Sandwich Creamy Cole Slaw Baked Beans Fresh Strawberries Fruit Choice - canned Milk Choice	19 Bierock Steamed Carrots Fresh Pineapple Cherry Crisp (6-12) Fruit Choice - canned Milk Choice	20
21	22 Turkey Mashed Potatoes & Gravy Green Beans WW Roll & Jelly Strawberries & Bananas Pumpkin Pie Fruit Choice - Fresh Milk Choice	23 Turkey Tetrazzini Garlic Bread Tossed Salad Seasoned Peas Apricot Halves Fruit Choice-canned Milk Choice	24	25	26	27
				THANKSGIVING	BREAK	
28	29 Beef & Bean Burrito Tortilla Chips (9-12) Tomato Salsa Romaine & Tomato Mexican Corn Fresh Banana Fruit Choice - canned Milk Choice	30 Hamburger on a Bun Dk Green Leaf Lettuce Tomato Slice Oven Fries Red bell Pepper Fresh Clementine Fruit Choice-canned Milk Choice				